

# Get Pretty Pretty

## [SoPhyto Organic Beauty Top Picks](#)

July 2nd, 2008 <http://www.getprettypretty.com/sophyto/sophyto-organic-beauty-top-picks>

SoPhyto is an organic skincare and is the first range licensed by UK Soil Association, specifically for organic health and beauty care standards. SoPhyto is recommended by dermatologists, plastic surgeons and anti-aging physicians. SoPhyto uses a blend of scientific research by lab boffins using ingredients from active botanicals and techniques from ancient rituals. SoPhyto is a new generation anti-ageing skin care range with an eco-deluxe twist.

**SoPhyto range includes the following top 3 picks**



### **SoPhyto Ultra Mild Silken Cleanser**

[SoPhyto Ultra Nourishing Silken Cleanser](#) is a pure, silky gel that provides the very best comfort for fresh, clean skin. The Aloe Vera juice and soothing cucumber ingredients provide the simple care that sensitive, delicate skins require for cleansing. This lovely product will easily remove surface grime and make up quickly and gently without the need for excessive rubbing and wiping which can irritate the skin. This cleanser is also effective as a body wash if skin is sensitive to harsh shower body washes or soaps. The soothing and refreshing natural scent of cucumber and aloe is a delight. Contains 97% certified organic ingredients by the Soil Association and does not contain essential oils.



### **SoPhyto Tone and Balance Super Bioactive Toner**

[SoPhyto Tone and Balance Super Bioactive Toner](#) is a non drying dermal tonic is ideal for any skin type to help minimise pores and firm complexion. Restorative plant extracts help neutralise impurities and assist with overactive sebaceous activity without stripping skin of essential, natural oils, which imparts a matt finish. Replaces the need for tap water when cleansing which can lead to dull skin conditions from pore clogging heavy metals and chlorine.

Contains 99% certified organic ingredients by the Soil Association including active phytochemicals – vitamins A, B1, B2, B6, B12, C and E and does not contain essential oils

## SoPhyto Mega Omegas Day Cream



[SoPhyto Mega Omegas Day Cream](#) which is my favourite is a superior topical daytime moisturizer. Provides optimum levels of organically derived essential fatty acids that contain vitamins, powerful antioxidants and minerals for rich, active moisturisation. Helps reduce the appearance of fine lines, providing additional benefits of temporary lifting and plumping for a brighter, more toned looking complexion. Beneficial for all skin types, this luxurious formula is a perfect base before make-up application.

- Powerful antioxidants protect the skin from the environment.
- Essential fatty acids from Omegas 3 & 6 provide anti-ageing and anti-inflammatory properties.
- Perfect for inflamed, or sensitive skin following; laser resurfacing, microdermabrasion, chemical peels and sun burn.
- Boosts natural moisture retention capacity.
- Optimal benefits to enhance elasticity and skin integrity.
- Unfragranced.
- pH 5 for normal skin range.
- 90% organic