



## A Bionic Best: Sophyto Organics Skincare

by BionicBeauty

Many companies label their products “organic“, “green” or “natural” but when you actually review their ingredients, you’ll find the organic part is maybe just aloe vera filler or water. Often you’ll see that only 20-40 percent of a product is organically certified. Hmmm... yes, questionable marketing, in my opinion.



My personal search ended with **Sophyto Organics**. I have horrendously sensitive skin: breakout prone (to a number of ingredients), daily medications that can speed skin aging, dry patches and an oily in others.

To start, I recommend taking Sophyto’s skin analysis which is available on the [Sophyto website](http://www.sophyto.com). Your results will be personally reviewed; products and a regimen recommended specifically for your skin. And nope, they don’t spam you afterwards. 😊



### Here's my recommended Sophyto routine:

#### *Daily Routine ( Morning):*

- Cleanse skin with Deep Pore Foaming Cleanser
- Dampen a cotton pad with Tone & Balance Super Bioactive and wipe skin clean
- Apply Polyphenol Skin Drops followed by Skin Energising High Potency Concentrate, including the eye area
- Apply Mega Omegas Day Face Moisturiser only on eye area which can be 'thinned' with a few drops of Super Bioactive
- Apply SPF (\*\*Better to find a natural/organic skin care)

#### *Daily Routine (Night):*

- Cleanse skin with Ultra Mild Silken Cleanser
- Wipe skin clean with Tone & Balance Super Bioactive
- Apply Polyphenol Skin Drops followed by Skin Energising High Potency Concentrate, including eye area
- Finish with Mega Omegas Day Face Moisturizer only on eyes and very dry areas avoiding breakouts

#### *Weekly Routine:*

- Apply Refining Peel Active Mask on cleansed skin with very gentle circular motions. Let it work for 5 minutes.
- Wipe skin clear with Tone & Balance Super Bioactive
- Apply Purifying Mask (10-15 min). I recommend you mix this mask with 2-3 fresh ingredients for maximum results. For your skin type the next ingredients are very beneficial: cucumber, aloe vera, honey, berries, watermelon, citrus fruits (just be careful with the sensitive areas), papaya and yogurt (specially on the very dry/sensitive areas). This mask can be applied 2 extra times per week without mixing it with fresh ingredients on the impure areas only, just make sure you alternate applications to avoid using it 3 days in a row.
- Wipe skin clean with Tone & Balance Super Bioactive
- Finish with Polyphenol Drops, Skin Energising and Mega Omegas

I had no reactions or sensitivity to any of the Sophyto products. **My skin is clear and radiant. I get compliments constantly now on how my skin is dewey, balanced, and \*happy\*.** I know the routine above seems like quite a lot, but I fell into it within a few days. The hardest things to get used to were using the toner to remove the face washes (waterless washing was odd at first but it's certainly paid off) and the lack of foaming in the washes (no sulfates at all in

these products). Remember, that foaming doesn't mean clean; in fact, it usually means "stripped", which isn't good for your skin.

SO's products are vegan friendly, not animal tested, are certified by ERP (Ecologically Responsible Production) and the Soil Associations Organic Standard. The Soil Association Organic standards took 7 years of research to achieve, so it's certainly something Sophyto can brag about. **Sophyto's products are all over 90% organic.**

For detailed information on all their products, visit the [Sophyto Organics YouTube channel](#) or read up at [their website](#). There's a wealth of info there and don't forget to take the Skin Analysis. 😊

**In summary: I have not been this impressed by a skin care line, ever. Organic or not. Sophyto is my perfect fit.**



All images are the copyright of Sophyto Organics.

[Share Article](#)

[SubscribeFacebookStumbleUponTechnorati](#)

3 comments

[1 Jen](#) { 07.18.08 at 12:38 pm }

Wow Jami! That is really exciting. I have been waiting to hear about what you have thought about this line, and now, I have to try Sophyto as well.

Dang it, I am a skincare junkie...

[2 gio](#) { 07.19.08 at 8:42 am }

This sounds like a great line. I'll have to look into it now.

[3 Nenette](#) { 07.19.08 at 9:12 am }

Ohhh... I'm going to have to try this one! I've been so unhappy with my natural/organic moisturizer finds, and I'm still on the search. Maybe the search is over. Thanks, Jami! 😊